

Center for Vascular Diseases

901 South Main Street
Fall River, MA 02724

Uterine Fibroid Embolization

Activity

- You may participate in normal activities without restrictions.
- No strenuous activity or heavy lifting for 2 weeks
- No sexual activity for 2 weeks
- You may shower as usual. Do not soak the puncture site for 5 days.
- Do not drive until you are no longer requiring pain medication.

Symptom Management

- Moderate pelvic discomfort for 1-2 weeks after the procedure.
- Some mild discomfort may be present for a month or more
- You will be given pain medication
- Pain medication can cause constipation. In addition to increasing the amount of water that you drink, over the counter medication can be used (Colace, Milk of Magnesia, Dulcolax)

What to Expect After the Procedure

- A small amount of vaginal discharge
- Low grade temperature for 2-3 days
- General tired feeling for 1-2 weeks

When to Call Your Physician

- Fever or chills
- Severe pain
- A large amount of vaginal drainage, and/or foul smelling drainage.

For questions, please call The Center for Vascular Diseases [\(508\)673-4329](tel:5086734329)