



CENTER FOR VASCULAR DISEASES
901 South Main Street
Fall River, MA 02724
(508) 673-4329
www.centerforvasculardiseases.com

Endarterectomy Surgery

An endarterectomy is performed by making an incision in the affected artery and removes the plaque contained in the artery's inner lining. The artery is then closed or a patch is sewn in place to create a larger artery.

Activity

- You may resume normal daily activity as you feel able.
- No strenuous activity or lifting of heavy objects until you are cleared by your surgeon.
- You may not drive until cleared by your surgeon.
- You may shower 72 hours after the procedure. No tub baths or swimming until the incision is completely healed (approx. 2 weeks).

Care for Your Incision

- This incision is closed with sutures or staples and will be removed at a follow up visit.
- This incision was closed with dissolvable sutures. The skin is then closed with steri strips, pieces of paper tape. The steri strips should fall off in 7 days. If they do not fall off you may remove them after 7 days.
- It is normal for the incisions to be slightly tender, pink and bruised. If you notice increased swelling, tenderness, warmth, redness or drainage of pus you should notify your surgeon's office.

Pain

- You will be given pain medication
- Pain medication can cause constipation. In addition to increasing the amount of water that you drink, over the counter medication can be used (Colace, Milk of Magnesia, Dulcolax)

Fever

- You may experience a low-grade fever 7 – 10 days after your procedure. If the fever is higher than 101.5 F, you should contact your surgeon's office.

When to Call Your Physician

- Fevers greater than 101.5 F or chills
- Redness, increased swelling, tenderness or drainage of pus from incision
- Severe or unusual arm or leg pain, numbness, coldness, or weakness
- Neurological changes such as weakness of arm or leg, slurred speech, facial droop or loss of vision in one eye.

For questions, please call The Center for Vascular Diseases [\(508\)673-4329](tel:5086734329)



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